

BOUNDARY THROW IN NEAR GOAL

☒ Field ☒ Boundary ☒ Goal

Focus Area: Covers throwing-in, positioning, running, vision, control effectiveness

Equipment Required: Oval
3 x 'Players'
Football
Whistles

Description:

1. Introduce the activity and discuss the key elements of the boundary throw in throwing-in including positioning, running, vision and control effectiveness.
2. Demonstrate the key elements of positioning, running, vision and use of voice.
3. Explain activity.
4. Boundary umpire throws ball in to contesting players.
5. Field Umpire watches ruck contest (side on) then accelerates to award mark at 30-metre area.
6. Boundary umpires run to behind post.
7. Umpire indicates the mark, lines player up, clears protected area, etc.
8. Goal umpire adjudicates kick.
9. Field umpire runs to give 'all clear'.
10. Boundary umpires run ball back to the centre.
11. Umpires undertake activity.
12. Feedback and discussion.

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