

BOUNDARY THROW-INTO A CONTEST

Field Boundary Goal

Focus Area: Boundary throw-in

Equipment Required: Oval
Football
Whistles

Description:

1. Introduce the activity and discuss the important elements of the boundary throw in for the field umpire.
2. Demonstrate the important elements of the boundary throw-in for the Field Umpire including positioning, use of voice and communication with the Boundary Umpire.
3. Explain activity.
4. Boundary Umpire signals out of bounds.
5. Boundary Umpire prepares to throw ball in.
6. Field Umpire takes up position 15-metres from play – side on to contest.
7. Field Umpire uses 'voice control' – "no holding" prior to and during ruck contest.
8. Umpires undertake activity.
9. Feedback and discussion.

Prepared By: Victoria Country

